



## Middle School Wrestling Information Sheet

### Grades 5-8

Season goes from October 28<sup>th</sup> until December 19<sup>th</sup>

Practice for 7/8<sup>th</sup> grade 3:10-5, MWF @ SLP HS in the wrestling room

Practice for 5/6<sup>th</sup> grade 3:45-5, MWF @ SLP HS in the wrestling room

7<sup>th</sup>/8<sup>th</sup> grade will ride the 2:45 activity bus from the MS to the HS for practice – Door 6 (gym/pool)

5<sup>th</sup>/6<sup>th</sup> grade will ride the 3:15 bus from the MS to the HS for practice – Door 6 (gym/pool)

Cost is \$100.

SLP student signup is through FeePay via the SLP School Portal

Wrestling matches to be held Tuesdays or Thursdays, with a possible Saturday tournament.

Match day bussing is provided to/from activity.

Coach is Ryan Molitor. Has been a wrestling coach for 23 years, involved at all levels from youth to HS.